



### A SPECIAL MESSAGE TO OUR CLIENTS:

With the current concerns related to the spread of Coronavirus (COVID 19), we want to take this opportunity to let you know that we are committed to doing our part to keep clients and our staff healthy. We continue to monitor the news updates and recommendations provided by the CDC and are keeping a close eye on information published by local and state health officials.

During this period of heightened concern, we have implemented additional preventative measures, including:

- Increased personal sanitation and hygiene procedures for our staff which includes washing and disinfecting hands repeatedly throughout the day and before/after interactions with each client.
- Increased cleaning and disinfecting of common areas at our facility including counters, door handles, restrooms, and massage rooms.
- We've also asked staff to stay home if they are feeling any symptoms of being sick. We encourage you to also take appropriate precautions and if you are feeling unwell or have been at risk of exposure, please contact us to reschedule your appointment.

**We will take 15 minutes in between appointments to properly disinfect and clean the rooms before each session. We are asking clients to arrive as close to their appointment time as possible to eliminate people gathering in the common areas. Preferably about 5 minutes prior.**

As always your health and safety are very important to us. We are committed to doing everything we can to create a healthy environment and appreciate your participation in helping us keep our community safe and healthy. If you have any further questions or concerns, please feel free to contact us. We look forward to seeing you soon.

Thank you for your support, The Massage and Fitness Family